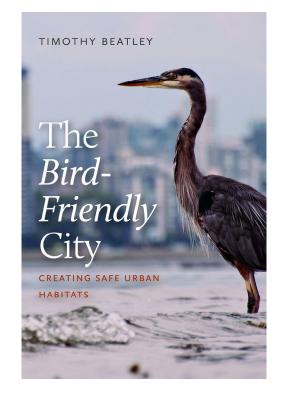
# **BIOPHILIC CITIES JOURNAL / THE BOOKSHELF**

### From Island Press:

In The Bird-Friendly City, Timothy Beatley, a longtime advocate for intertwining the built and natural environments, takes readers on a global tour of cities that are reinventing the status quo with birds in mind. Efforts span a fascinating breadth of approaches: public education, urban planning and design, habitat restoration, architecture, art, civil disobedience, and more. Beatley shares empowering examples, including: advocates for "catios," enclosed outdoor spaces that allow cats to enjoy backyards without being able to catch birds; a public relations campaign for vultures; and innovations in building design that balance aesthetics with preventing bird strikes. Through these changes and the others Beatley describes, it is possible to make our urban environments more welcoming to many bird species.

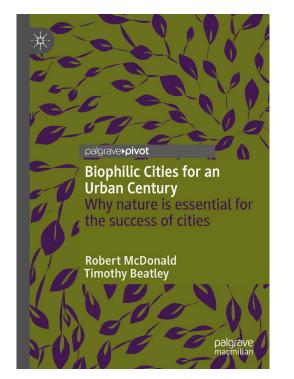
# The Bird-Friendly City By Timothy Beatley



# **Biophilic Cities for an Urban Century** By Robert McDonald and Timothy Beatley

### *From the Palgrave MacMillan:*

This book argues that, paradoxically, at their moment of triumph and fastest growth, cities need nature more than ever. Only if our urban world is full of biophilic cities will the coming urban century truly succeed. Cities are quintessentially human, the perfect forum for interaction, and we are entering what could justly be called the urban century, the fastest period of urban growth in human history. Yet a growing body of scientific literature shows that the constant interaction, the hyper-connectedness, of cities leads to an urban psychological penalty. Nature in cities can be solution to this dilemma, allowing us to have all the benefits of our urban, connected world yet also have that urban home be a place where humanity can thrive.



## From the Routledge:

Written by a leading proponent of biophilic design, this is the only practical guide to biophilic design principles for interior designers. Describing the key benefits, principles and processes of biophilic design, Nature Inside illustrates the implementation of biophilic design in interior design practice, across a range of international case studies - at different scales, and different typologies. Starting with the principles of biophilic design, and the principles and processes in practice, the book then showcases a variety of interior spaces – residential, retail, workplace, hospitality, education, healthcare and manufacturing. The final chapter looks 'outside the walls', giving a case study at the campus and city scale. With practical guidance and real-world solutions that can be directly-applied in day-today practice, this is a must-have for designers interested in applying biophilic principles.

### From Springer:

In this book, the author tests a regenerativeadaptive pattern language theory towards investigating the possibilities of a holistic. integrated design and planning method for sustainable development that incorporates the principles of regenerative design, as well as an adaptive pattern language that re-establishes our wholeness with nature, and considers the vulnerabilities of a changing landscape. The book examines an integral approach to contemporary theories of planning and design that explores the human-nature relationship patterns in social and spatial interconnections, between people and their natural environments. The interconnectedness of human and natural systems is used to scaffold possible solutions to address key environmental and sustainability issues that specifically address the need for patterns of behaviour that acknowledge the duality of 'man and nature'.

# Nature Inside: A Biophilic Design Guide By William D. Browning, Catherine O. Ryan

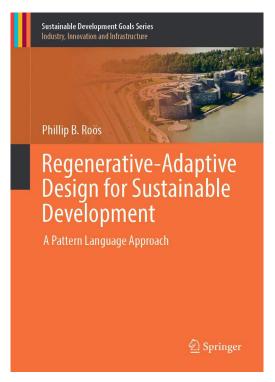
# NATURE INSIDE



RIBA 👾

A BIOPHILIC DESIGN GUIDE

Regenerative-Adaptive Design for Sustainable Development: A Pattern Language Approach **By Phillip B. Roös** 



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